



## . Teacher Sites

### A. Lesson Plans:

[Armadillo's K-12 Resources](http://chico.rice.edu/armadillo/Rice/K12resources.html) <http://chico.rice.edu/armadillo/Rice/K12resources.html>  
[AskEric Lesson Plans](http://ericir.syr.edu/Virtual/Lessons) <http://ericir.syr.edu/Virtual/Lessons>  
[Awesome Library](http://www.awesomelibrary.com) <http://www.awesomelibrary.com>  
[Bernie Poole's EdIndex](http://www.pitt.edu/~poole/edmenu.html) <http://www.pitt.edu/~poole/edmenu.html>  
[Big Chalk Education Network](http://www.bigchalk.com) <http://www.bigchalk.com>  
[BioPoint](http://www.biopoint.com/) <http://www.biopoint.com/>  
[Blue Web'n](http://www.kn.pacbell.com/wired/bluewebn) <http://www.kn.pacbell.com/wired/bluewebn>  
[Busy Teacher's Web Site](http://www.ceismc.gatech.edu/busyt/) <http://www.ceismc.gatech.edu/busyt/>  
[Classroom Connect's Educ.Link](http://www.connectedteacher.com) <http://www.connectedteacher.com>  
[CNN Student Newsroom](http://learning.turner.com/newsroom) <http://learning.turner.com/newsroom>  
[Community Learning Network](http://www.cln.org/subjects.html) <http://www.cln.org/subjects.html>  
[Daily Lesson Plans NY Times](http://www.nytimes.com/learning/teachers) <http://www.nytimes.com/learning/teachers>  
[Ed's Oasis](http://www.classroom.com/edsoasis/) <http://www.classroom.com/edsoasis/>  
[Educational WWW Resource](http://www.cln.org/subjects.html) <http://www.cln.org/subjects.html>  
[Education World](http://www.education-world.com) <http://www.education-world.com>  
[Encarta Lesson Plans](http://encarta.msn.com/schoolhouse/default.asp) <http://encarta.msn.com/schoolhouse/default.asp>  
[Eisenhower Nat'l Clearinghouse](http://www.enc.org/weblinks/) <http://www.enc.org/weblinks/>  
[Forefront Curriculum](http://www.4forefront.com) <http://www.4forefront.com>  
[Homework Central](http://www.bigchalk.com) <http://www.bigchalk.com>  
[Internet Schoolhouse](http://www.onr.com/schoolhouse/health.html) <http://www.onr.com/schoolhouse/health.html>  
[Kathy Schrock's Educ. Guide](http://school.discovery.com/schrockguide) <http://school.discovery.com/schrockguide>  
[McRel Hotlinks](http://www.mcrel.org/resources/links/hotlinks.asp) <http://www.mcrel.org/resources/links/hotlinks.asp>  
[MT Curriculum Links](http://links.mtwp.k12.pa.us/science.html) <http://links.mtwp.k12.pa.us/science.html>  
[Online Survey Maker](http://www.zoomerang.com) <http://www.zoomerang.com>  
[PBS TeacherSource](http://www.pbs.org/teachersource) <http://www.pbs.org/teachersource>  
[PE Central](http://pe.central.vt.edu) <http://pe.central.vt.edu>  
[PE Lesson Plans](http://schools.eastnet.ecu.edu/pitt/ayden/physed8.htm) <http://schools.eastnet.ecu.edu/pitt/ayden/physed8.htm>  
[Schools Online](http://www.urbanext.uiuc.edu/schools) <http://www.urbanext.uiuc.edu/schools>  
[Sports Media Lesson Plans](http://www.sports-media.org/) <http://www.sports-media.org/>  
[Teacher Vision Learning Tools](http://www.teachervision.com/orientation.html) <http://www.teachervision.com/orientation.html>  
[Teach Net](http://www.teachnet.com) <http://www.teachnet.com>  
[Teachers.Net](http://www.teachers.net/lessons) <http://www.teachers.net/lessons>  
[The Gateway to Educ. Material](http://www.thegateway.org) <http://www.thegateway.org>  
[UIUC \(Univ. of Illinois\)](http://mstemac4.ed.uiuc.edu) <http://mstemac4.ed.uiuc.edu>

### B. Online Calculators:

1. [Discovery Health](http://health.discovery.com/tools/calculators.html) <http://health.discovery.com/tools/calculators.html>  
Activity /Calorie Burn Rate, BMR, Beats & Breaths, BMI, BAC, Cost of Smoking, Pregnancy Due Date
2. [Self Magazine](http://www.self.com/calculators/) online <http://www.self.com/calculators/>  
Body Mass, Body fat %, Calories burned per activity, HR , Nutritional needs
3. [Insite Fitness](http://www.insitefitness.com.au/) <http://www.insitefitness.com.au/>  
BMR, THR, Metric converter (lbs > kgs), Running splits / pace times
4. [InteliHealth](http://www.intelihealth.com/) <http://www.intelihealth.com/>



BMI, Heart & breath odometer, Pregnancy due date

5. [My WebMD](http://mywebmd.com) <http://mywebmd.com>

BMI, Calorie, Due date, Height predictor, Ovulation calculator, HR

### **C. Teacher Online Tools:**

[Blackboard](http://www.blackboard.com) <http://www.blackboard.com>

[Copernicus Education Gateway](http://www.schoolnotes.com/) <http://www.schoolnotes.com/>

[Filamentality](http://www.kn.pacbell.com/wired/fil/) <http://www.kn.pacbell.com/wired/fil/>

[Hyperstudio](http://www.hyperstudio.com/) <http://www.hyperstudio.com/>

[Nice Net](http://www.nicenet.org) <http://www.nicenet.org>

[Quia](http://www.quia.com/) <http://www.quia.com/>

[Quiz Center](http://www.school.discovery.com/quizcenter/quizcenter.html) <http://www.school.discovery.com/quizcenter/quizcenter.html>

[Quiz Lab](http://www.funbrain.com/quiz/index.html) <http://www.funbrain.com/quiz/index.html>

### **2. Interactive Student Program Sites:**

#### **A. Anatomy:**

[Anatomia](http://www.anatomia.learningtogether.net/): (Skeleton, Skull, Digestive & Respiratory Systems, Eyes & Skin)

<http://www.anatomia.learningtogether.net/>

[Foss Web Human Anatomy](http://www.fossweb.com/cgi-bin/fossweb/module.pl?module=HumanBody):

[http://www.fossweb.com/cgi-](http://www.fossweb.com/cgi-bin/fossweb/module.pl?module=HumanBody)

[bin/fossweb/module.pl?module=HumanBody](http://www.fossweb.com/cgi-bin/fossweb/module.pl?module=HumanBody)

#### **B. Fitness/Exercise:**

[Fitness Info](http://www.vmcs.com/spindel/corpfit.html): <http://www.vmcs.com/spindel/corpfit.html>

#### **C. Heart /CV System:**

[Anatomy & Physiology](http://www.intelihealth.com/) <http://www.intelihealth.com/>

[MEDtropolis Virtual Body](http://www.medtropolis.com/VBody.asp): (The Human Brain, Skeleton, Heart & Digestive Tract)

<http://www.medtropolis.com/VBody.asp>

[NOVA Heart Surgery](http://www.pbs.org/wgbh/nova/eheart/transplantwave.html): <http://www.pbs.org/wgbh/nova/eheart/transplantwave.html>

[Way Cool Surgery](http://www.waycoolsurgery.com/): <http://www.waycoolsurgery.com/>

#### **D. Human Sexuality Issues:**

[HIV stories](http://www.thebody.com/inspire.html): <http://www.thebody.com/inspire.html>

#### **E. Nervous System:**

[Brain Probe](http://www.pbs.org/wgbh/aso/tryit/brain/): Probe the Brain activity <http://www.pbs.org/wgbh/aso/tryit/brain/>

[MEDtropolis Virtual Body](http://www.medtropolis.com/VBody.asp): (The Human Brain, Skeleton, Heart & Digestive Tract)

<http://www.medtropolis.com/VBody.asp>

#### **F. Nutrition:**

[FossWeb Food & Nutrition](http://www.fossweb.com/cgi-bin/fossweb/module.pl?module=Food): [http://www.fossweb.com/cgi-](http://www.fossweb.com/cgi-bin/fossweb/module.pl?module=Food)

[bin/fossweb/module.pl?module=Food](http://www.fossweb.com/cgi-bin/fossweb/module.pl?module=Food)

[Nutrition link](http://www.3fatchicks.com/fast-food/): <http://www.3fatchicks.com/fast-food/>

#### **G. The Health Centre at the University of Alberta (CA):**

<http://www.ualberta.ca/HEALTHINFO/>

Interactive programs offer several “shareware” Health lessons/units that you can

download for free!

Topic include:

1) Stress (addresses warning signs, sources, evaluation tools, management tips, relaxation techniques and time management skills);



- 2) Alcohol (presents an excellent overview of alcohol, its effects, associated problems, and many myths and misconceptions);
- 3) Nutrition
- 4) AIDS & Human Sexuality (both are good, but graphic)

### **3. Internet Projects Sites:**

#### **A. Inquiry-Based Projects:**

[Biopoint / David Jakes](http://www.biopoint.com/) <http://www.biopoint.com/>

#### **B. Web Quests:**

A **WebQuest** is defined, by Bernie Dodge at San Diego State University, as "an inquiry-oriented activity in which some or all of the information that learners interact with comes from resources on the Internet."

#### **Check out these sites:**

[Bernie Dodge](http://webquest.sdsu.edu/materials.htm) <http://webquest.sdsu.edu/materials.htm>

[Kathy Schrock](http://school.discovery.com/schrockguide/webquest/webquest.html) <http://school.discovery.com/schrockguide/webquest/webquest.html>

#### **C. WebQuest Templates:**

[San Diego](http://edweb.sdsu.edu/webquest/LessonTemplate.html): <http://edweb.sdsu.edu/webquest/LessonTemplate.html>

[Template Source](http://www.macomb.k12.mi.us/wq/wqmain.htm): <http://www.macomb.k12.mi.us/wq/wqmain.htm>

#### **D. Inquiring Minds webpage:**

This is a page that I put together for a workshop geared for people interested in learning more about / finding sources of Internet-based projects and Webquests.

Click on "[Minds](http://www.mtwp.k12.pa.us/~jane_glass/minds.html)" to access the page: [http://www.mtwp.k12.pa.us/~jane\\_glass/minds.html](http://www.mtwp.k12.pa.us/~jane_glass/minds.html)